

what's up walk in[®]

Q.T. Mondays!

(2SLGBTQIA+ & Questioning)

Are you a young person who is part of the 2SLGBTQIA+ or Questioning?
Come check out Q.T. Mondays at Griffin Centre's What's Up Walk In.

On Mondays we will have a counsellor who is part of the 2SLGBTQIA+ community on site to support young people. The counsellor can support with many different topics such as:

- gender identity
- sexual identity
- coming out
- family
- mental health issues (depression, anxiety and more)
- school and more

We serve

- individuals up to age 29 and their families
- no health card needed
- no appointment needed
- no fees
- immediate and barrier free



Address: 1126 Finch Ave West, Unit 16

Hours: Mondays @ 1:30 -7pm (last session 6pm)

Call 416-222-4380 or e-mail walk-in@griffincentre.org

For more information, or visit www.griffincentre.org