

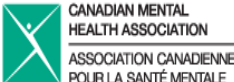






**'what's up' walk-in Counselling Services**

**1200 Markham Road Suite 200, Scarborough ON, M1H 3C3**

<b>Monday</b> <b>Walk-In Hours:</b> <b>2-8pm (last session 7pm)</b>	<b>Tuesday</b> <b>Walk-In Hours: 10am-5pm (last session 4pm)</b>	<b>Wednesday</b> <b>Walk-In Hours:</b> <b>2-8pm (last session 7pm)</b>	<b>Thursday</b> <b>Walk-In Hours:</b> <b>2-8pm (last session 7pm)</b>	<b>Friday</b> <b>Walk-In Hours:</b> <b>10am-5pm (last session 4pm)</b>	<b>Saturday</b> <b>Walk-In Hours:</b> <b>10am-2pm (last session 1pm)</b>	<b>Additional Services</b>
<p><b>Youth Outreach Worker</b> 2-8pm (last session 7pm)</p> <p><b>Youth Grief and Loss Group</b> (on select Mondays 5:30-7:30pm)</p>  <p><b>BFO-Toronto</b></p>	<p><b>Surrey Place</b> 2-5pm (last session 4pm)</p>  <p><b>Canadian Mental Health Association</b> 2-5pm (last session 4pm)</p> 		<p><b>East Qrew Group</b></p>  <p>5-7pm</p> <p><b>Dari/Farsi Language Service</b> 1<sup>st</sup> Thursday of month 4-8pm (last session 7pm)</p> <p>Last Thursday of month 2-5pm (last session 4pm)</p> <p><b>Tagalog Language Service</b> 1<sup>st</sup> Thursday of month 2pm-5pm (last session 4pm)</p> <p>3<sup>rd</sup> Thursday of month 4pm-8pm (last session 7pm)</p> <p><b>LGBTQ Support</b> 2<sup>nd</sup> and 4<sup>th</sup> Thursday of the month 2-5pm (last session 4pm)</p>	<p><b>Springboard</b> On select Fridays 12-5pm (last session 4pm)</p>  <p><b>springboard</b> CONNECT. INSPIRE. ACHIEVE.</p>	<p><b>Mandarin &amp; Cantonese Language Service</b> 1<sup>st</sup> and 3<sup>rd</sup> Saturday of the month 10am-2pm (last session 1pm)</p>	<p>For information on 'what's up' walk-in contact <b>416-438-3697</b></p> <p>For Mandarin &amp; Cantonese walk-in services these can be booked by apt through Miranda Cheung at ext. 406</p> <p>For Tagalog walk-in services call Venice Corcuera at 416-438-3697 Ext. 253.</p> <p>For Dari &amp; Farsi walk-in services please call to book an appointment at ext. 389</p> <p>For more information on East Qrew please contact Anna at ext. 405</p> <p>To meet with a counselling staff from the LGBTQ community please call ext. 405</p>